

VERTICAL REALMS, LLC

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Client Equipment List – Adventure Race Training

- Seat harness (manufactured, no home-made systems)
- Rappel device (ATC, Tuber, Jaws, stitch plate etc. NO figure 8's)
- 1 - 2' length sewn sling, or daisy chain
- 1 - 1' X 7mm rope prussic
- 3 locking carabiners
- Helmet