

VERTICAL REALMS, LLC

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Suffield, CT 06078

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Client Equipment List – Rock Climbing

- Clothing which is loose fitting and appropriate for the weather conditions of the day
- Small Day Pack
- Food for the day
- 2 Liters of water or sports drink
- Lightweight hiking boots or sneakers (NO SANDALS)
- Sunglasses and sun screen (SPF 15 or greater)
- Camera

Vertical Realms will provide all technical climbing equipment: including helmet, ropes, harness, and protection hardware.